

Dodgeball Rules

Teams

Teams will be composed of 8 players. Games will be played 6 on 6 with two substitutes

The Field

The field of play will consist of an approximately 30 feet wide x 50 feet long six-foot high chain link fence.

Everything within the cage is “in bounds.”

The field will be marked by a center line.

The Game

The object of the game is to eliminate all players from the other team. There are two ways to eliminate players:

1. Hitting an opposing player with a live ball. Headshots do count.
2. Catching a live ball thrown by your opponent.

DEFINITION OF A LIVE BALL: A ball that has been thrown and has not touched anything, including the floor/ground, another ball, another player, wall, ceiling, etc...

Getting Players Back In

If a live ball is caught, the person who threw it is out and a player from the team that caught the ball gets to come back in. Players may return in any order.

Beginning the Game

To begin a game all balls will be placed on the center line(Weather Pending). All players will line up touching the back wall of the cage. The referee will blow a whistle to signal the start of the game, which is when players will be allowed to run for the balls. Balls must be brought to the back of the cage before they are considered live and can be thrown.

Ending the Game

The first team to eliminate all of the other players will be declared the winner. If after the established time limit of 7 minutes players from both teams remain, the winner will be the team with the most players left. If there are an equal amount of players on each team remaining, the match will go to sudden death, where the next team to eliminate an opposing player will win.

10 Second Rule

In order to prevent stalling, a violation will be called if one team controls all of the balls on their side of the court for 10 seconds. The penalty will be one player eliminated from the violating team.

Rule Enforcement

Players will be expected to use the honor system to rule whether or not a hit was legal and determine if they were eliminated. All matches will be supervised by a court monitor. Any decision made by the court monitor is final-NO EXCEPTIONS.

